

NAVIGATING CHANGES SUCCESSFULLY IN THE WORKPLACE

UNLEARN YOUR WAY TO SUCCESS

The business landscape is constantly in flux and continually being disrupted by advancements in technology, shifts in trends and changing demographics. As the workforce becomes increasingly agile, tech-savvy, and on demand, PMETs – i.e. professionals, managers, executives, and technicians – in their 40s - 60s are most at risk of involuntary displacements and disruptions.

We are pleased to bring to you **“Navigating Changes Successfully in the Workplace”**, a programme co-designed by SIM and Project Zero. It applies Project Zero’s ideas in a Singaporean context aimed at helping mid-career professionals unlearn dated approaches and perform ‘good work’ to navigate their careers in times of flux, including unemployment.



Unlearning involves changing mindsets, habits and systems that may be obstacles to change.



Good Work involves performing daily work that is excellent, ethical and engaging.

HOW CAN YOU BENEFIT FROM THE PROGRAMME?

- Challenge your mental models to change limiting beliefs
- Learn how you can reorient yourself during trying times
- Gain insights into new ways of working
- Bolster your resilience to embrace the volatile, uncertain, complex and ambiguous world

WHO SHOULD ATTEND?

- Singapore Citizens or Singapore Permanent Residents who are:
- Preparing for a role transition
 - Re-evaluating their career paths
 - Currently unemployed
 - Overwhelmed by the rapid change in their careers

ABOUT PROJECT ZERO

Founded in 1967, Project Zero is a research centre at the Harvard Graduate School of Education that explores topics in education such as deep thinking, understanding, creativity and ethics. Its mission is to understand and nurture human potential and explore sustainable ways to support them across multiple and diverse cultural contexts.

OUR PARTNERS



Howard Gardner
Research Professor of
Cognition and Education
Harvard Graduate
School of Education

SIM approached Professor Howard Gardner and Project Zero at Harvard University to co-design a programme for helping PMETs vulnerable to displacements and disruptions. A team comprising Project Zero and SIM was set up to develop a learning experience for PMETs who are in a period of career flux, including unemployment.

This instructor-led training will be conducted by a local facilitator, who Project Zero Researchers have trained to ensure we deliver the best learner experience.

Training Duration: 4 Sessions, 3 hours each

For enquiries, please contact your respective e2i coaches.

Supported by:



Sign up now
with **100%** Funding
by **SIMPDF** and **e2i**
Course Fee Before
Subsidy: \$1,500